

Good afternoon Mustangs!

Incoming 7th and 8th Grade athletes will be eligible to participate in Strength & Conditioning Camp (SAC) and Sports Specific Instruction (SSI) starting next week!

Each student-athlete must have current KISD Physical on file to attend SAC/SSI camp. Incoming 8th graders are covered by 2019-2020 KISD physical. 7th graders will need to get a physical before attending. Physical Digital Copy- <https://kleinisd.rankonesport.com/Images/Logos/KleinPhysical.pdf>

Both incoming 7th and 8th graders will need to complete online forms in order to become eligible to participate in SAC/ SSI. Use this link, or access from our school website

RankOne Online Forms- <https://kleinisd.rankonesport.com/New/NewInstructionsPage.aspx>

Complete the google form for which High School Campus your student athlete is attending

Sign-up link below for Klein Oak: <https://forms.gle/8aqJnQkgw6B2zQaw5>

Sign-up link below for Klein Collins: https://docs.google.com/forms/d/1BPQFsj2c93nQKGpUgqf2AU-6GHt5kOb4_jqnsmy_YBQ/edit

SAC/ SSI is free of charge and not mandatory. Times and dates are specific to which high school you are zoned to. Upon arrival, student athletes must bring: Water Jug, Towel, Hand Sanitizer, Face Covering, Tennis Shoes, and Cleats.

I understand this is a lot of information. If you have questions, please let me know.

Coach Dickie