



ALL 7TH AND 8TH GRADERS INTERESTED IN CROSS COUNTRY:

1. SIGN UP ON SPORTSYOU FOR UPDATES ABOUT MEET SCHEDULES AND PRACTICES!
2. PRACTICE SIGN UP BEGINS AT 7:00AM AND PRACTICE STARTS AT 7:15AM. MUST HAVE A PHYSICAL!

IT IS NOT TOO LATE TO JOIN! SEE COACH HALE FOR SIGN UP AND HOPE TO SEE YOU THERE!



Member Log in: GWPUE658