

Expectations

General Rules

1. Athletes are expected to maintain good grades and be eligible at all times.
2. Athletes are expected to be on their best behavior at all times in every class and in the hallways between classes.
3. Athletes are expected to take care of their equipment. If lost, it is their responsibility to pay for it.

Athletic Clothing

1. Athletes are expected to dress out every day in their Hildebrandt Blue athletic shirt and Navy Blue PE Shorts with the appropriate footwear.
2. NO FLIP FLOPS
3. PE shorts are \$8 and Athletic Shirts are \$10
4. Your name should be on both your shorts and shirt.

Practice Rules

1. No jewelry is to be worn under any circumstances for safety of the players.
2. Be on time to practice! If an athlete is late they need to report to their coach and give a reason for being late. **NO PRACTICE, NO PLAY!** If a player is absent from practice without a valid reason, this offence will result in loss of playing time at coaches discretion.
3. Be respectful to your teammates and coaches at all times.
4. Athletes must keep their lockers clean and neat at all times.
5. Always lock up your valuables and never share a locker with a teammate or anyone else in the school.
6. Always offer a helping hand after practices with equipment.

PLAYERS ARE NOT ALLOWED TO SIT WITH PARENTS DURING THE OPPOSITE TEAMS GAME!!!

Game Day Rules

1. Athletes must wear collared shirt, tie and pants on game days. Shirts are expected to be tucked in all day long
2. **HILDEBRANDT WILL BE A CLASS ACT!!!** If another team is being disrespectful, we will not do the same.
3. After the game, win or lose Athletes must, in good sportsmanship, shake the opposing team's hand and then return to a designated spot appointed by the coach, until dismissed.
4. Parents should speak with the coaches to sign out their athlete. Coaches will not have any discussions after games. They need to tend to their teams. Any concerns can be addressed the next day during a scheduled meeting.